



social success knowledge abilities  
important many **community** individual meaningful  
**inclusion** everyone welcoming openness  
participate equality share thoughtful  
diversity supportive environment **values**

## PLEASE JOIN US FOR A SPECIAL EDUCATION COMMUNITY ROUNDTABLE

### **“FINDING YOUR VOICE AS A PARENT IN THE MIDST OF THE COVID CRISIS”**

*Helping Parents and Children Navigate Anxiety During COVID and Beyond*

**Date: TUESDAY, February 23<sup>rd</sup>, 2021 at 7:00 p.m.**

**with:**

**Attorney Lawrence Berliner, *Special Education Law***

**Jane Faherty, Director of Jumpstart, Stamford JCC and Educational Advocate**

**Special Guest:**

***Dr. Rebecca Etkin, Ph.D., Anxiety Disorders Program at Yale Child Study Center***

**Zoom Registration: <http://bit.ly/BA6422>**

### **Topics for discussion**

- The slippery slope of anxiety and avoidance: what to watch out for
- Strategies for helping your child feel less anxious and more confident in the virtual classroom and beyond
- Parent-child power struggles: how to strategize for maximum benefit
- How to manage the transition back into school and “normal life”

***Q & A: Please don't hesitate to get in touch with us. Let us know your questions, your concerns and your experiences***

***We want to hear from you and welcome your questions, please submit to:***

**Rachel Berliner [rachel@berlinerspecialledlaw.com](mailto:rachel@berlinerspecialledlaw.com)**

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